



# Water Safety Sensory Sessions

[www.messybubs.com](http://www.messybubs.com)

[www.kidsalive.com.au](http://www.kidsalive.com.au)

## Adventures at Home - Toddler & Preschool

Kids Alive and Messy Bubs have joined forces to share water safety messages through unique sensory play experiences. There are many amazing benefits to multi-sensory play that lead to development of thought, intelligence and social skills. It is a wonderful way to create quality creative time for families and caregivers.

By combining this form of play with water safety messages we are creating a unique way to educate children under 5. Use the lesson plans to guide the activity and help expand the learning of little ones under your care. Everything can be adapted to suit your environment and resources available.

### YOU WILL NEED:

- ✓ Activity Tray or Container
- ✓ Water
- ✓ Baby Dolls
- ✓ Foaming Childrens Soap
- ✓ Sponges/Flannels/Towels
- ✓ Kids Alive Do The Five Music



### METHOD:

- ❖ Add water to your activity tray or container.
- ❖ Add hand pump bottles (filled with water).
- ❖ Add bath time dolls, sponges, flannels.
- ❖ Lay out towels, babies nappies, clothes.

### LEARNING OUTCOMES:

Imaginative play has so many benefits in the early years as toddlers and pre-schoolers are practicing their language and how the world works around them.

This activity promotes:

- ❖ Creative Play - allowing children to choose who and what they want to be and what they want to do in play.
- ❖ Social Development - being aware of others, sharing and working as a team with problem solving activities.
- ❖ Emotional Development - Building on empathy and life skills.
- ❖ Builds on language development.

This activity is ideal to raise awareness about safety around water in the home including bath time and the supervision that's required with young children when taking a shower or in the bath tub.



### Water Safety Messages

Bathtubs and swimming pools pose the greatest risk

Regularly check home for water hazards e.g. Buckets, eskies, water containers

Secure water hazards immediately

Learn CPR

**Adult supervision required at all times.**

# Can you wash the babies and get them ready for the day?

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