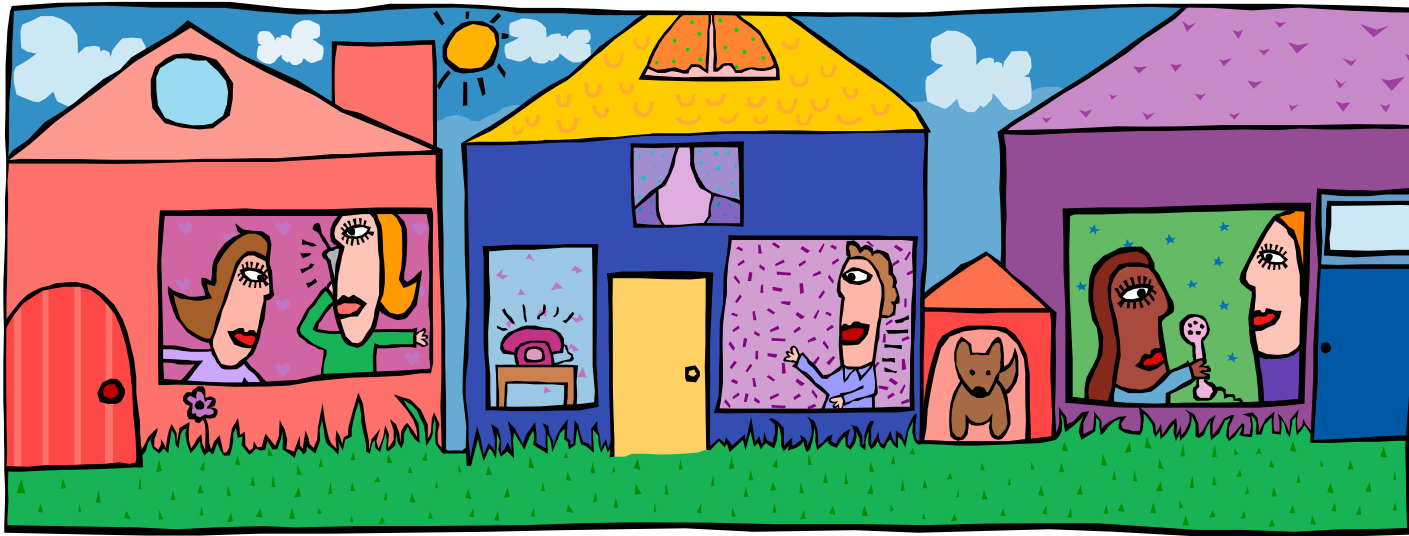


Making your Home Safe



Fact!!!

More children die from
injury
than from Cancer, Asthma &
Infectious diseases combined!



Unintentional injuries

- Often described as “accidents”
- Majority predictable and preventable
- Account for ~90% of injury related deaths in children
- Account for ~98% of injury related hospital admissions in children

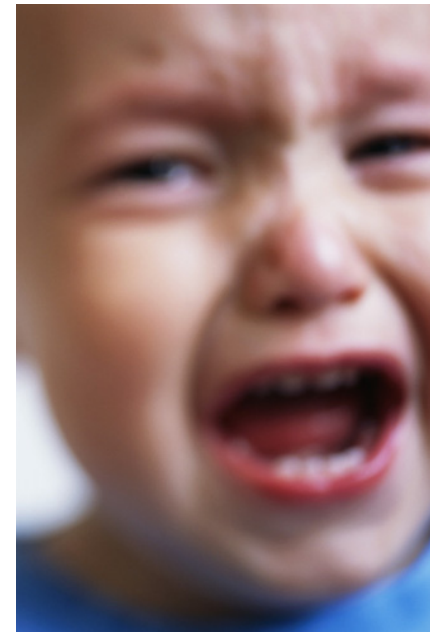


Why child injury prevention is important...

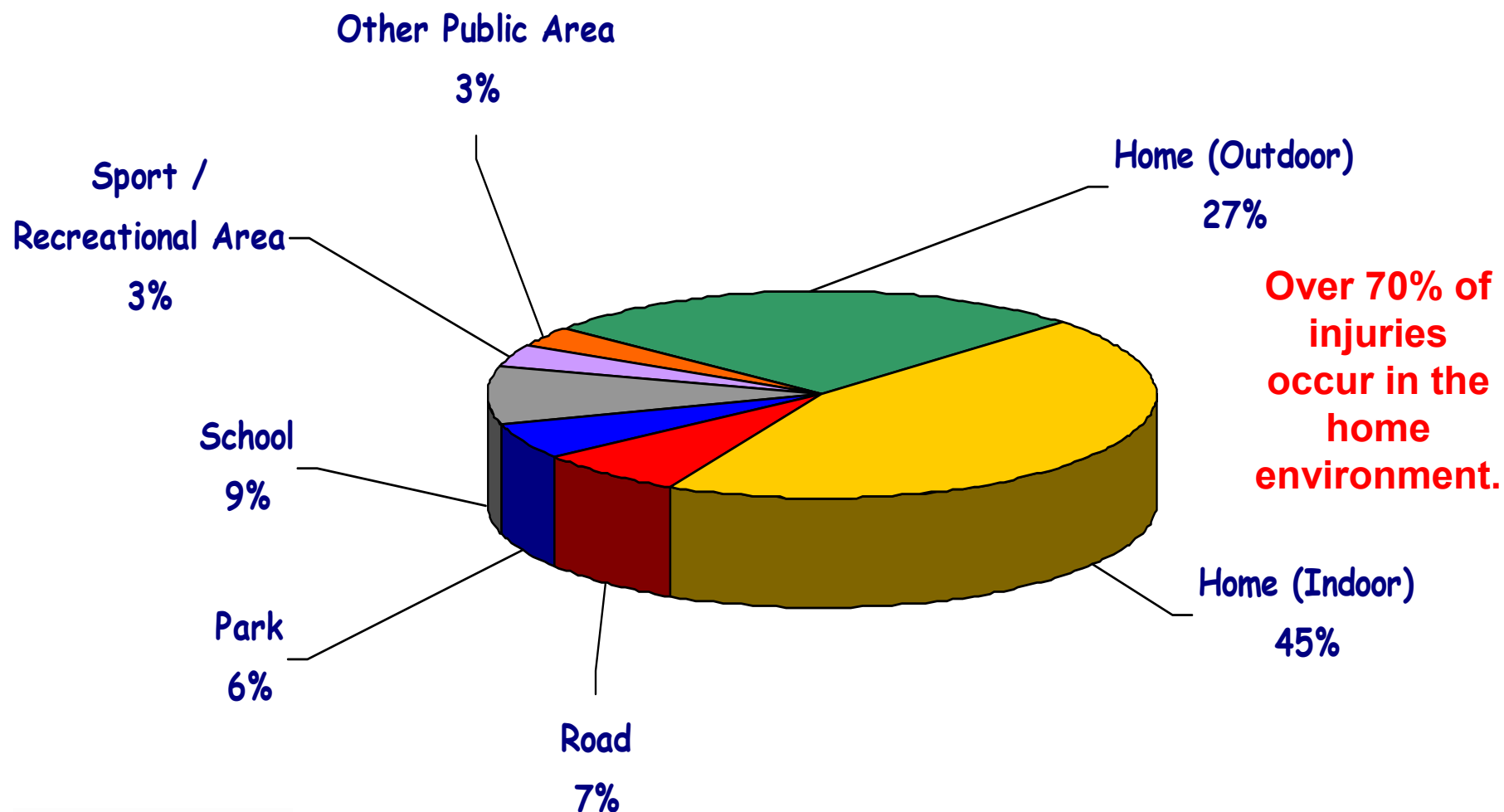
- Each year in WA:
 - 50 children < 15 years will die
 - 7,500 will be admitted to hospital
 - 11,000 will present at the PMH Emergency Department

As a result of injury

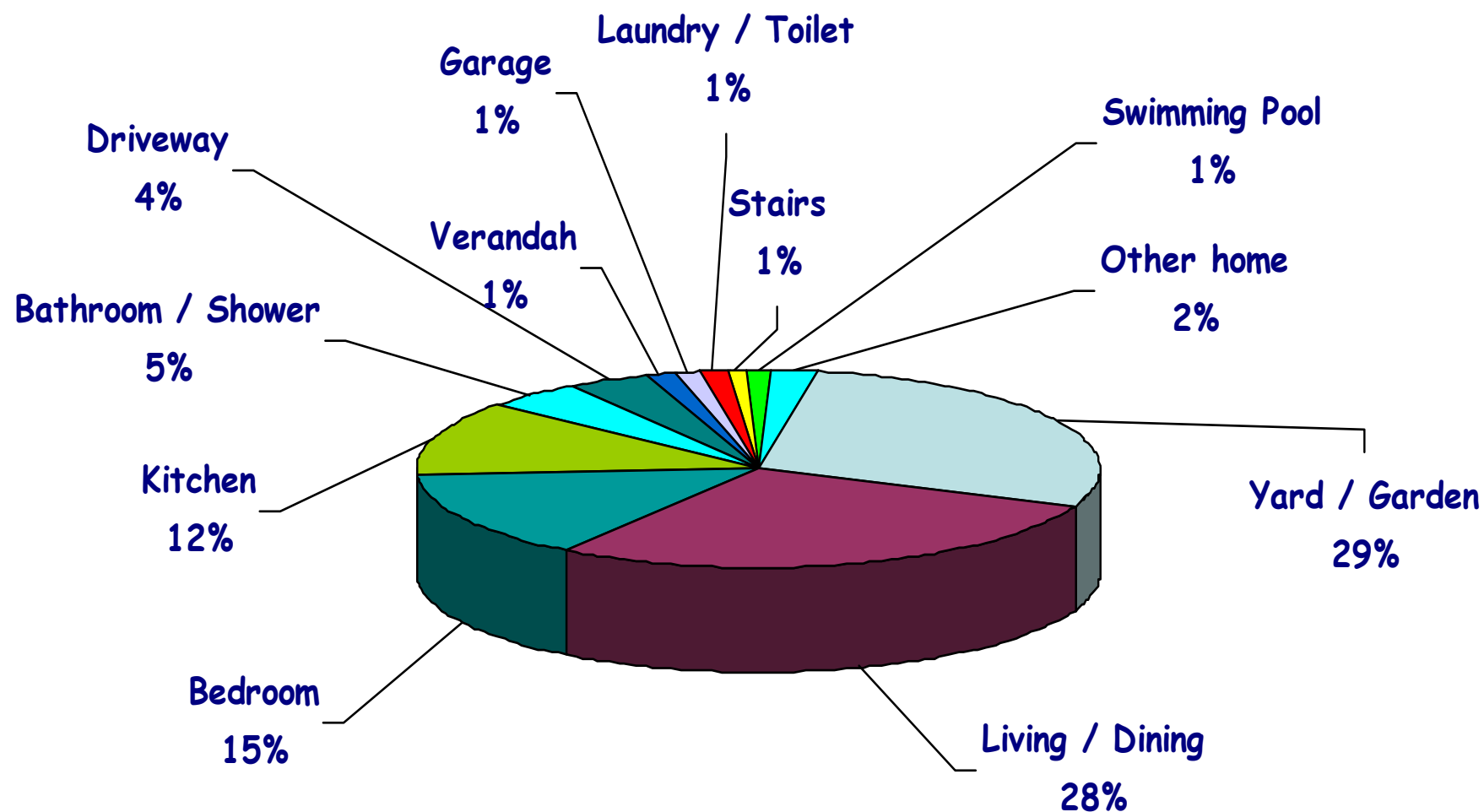
- The majority will be under 5 years of age



Where do most child injuries occur?



Where do most home injuries occur?



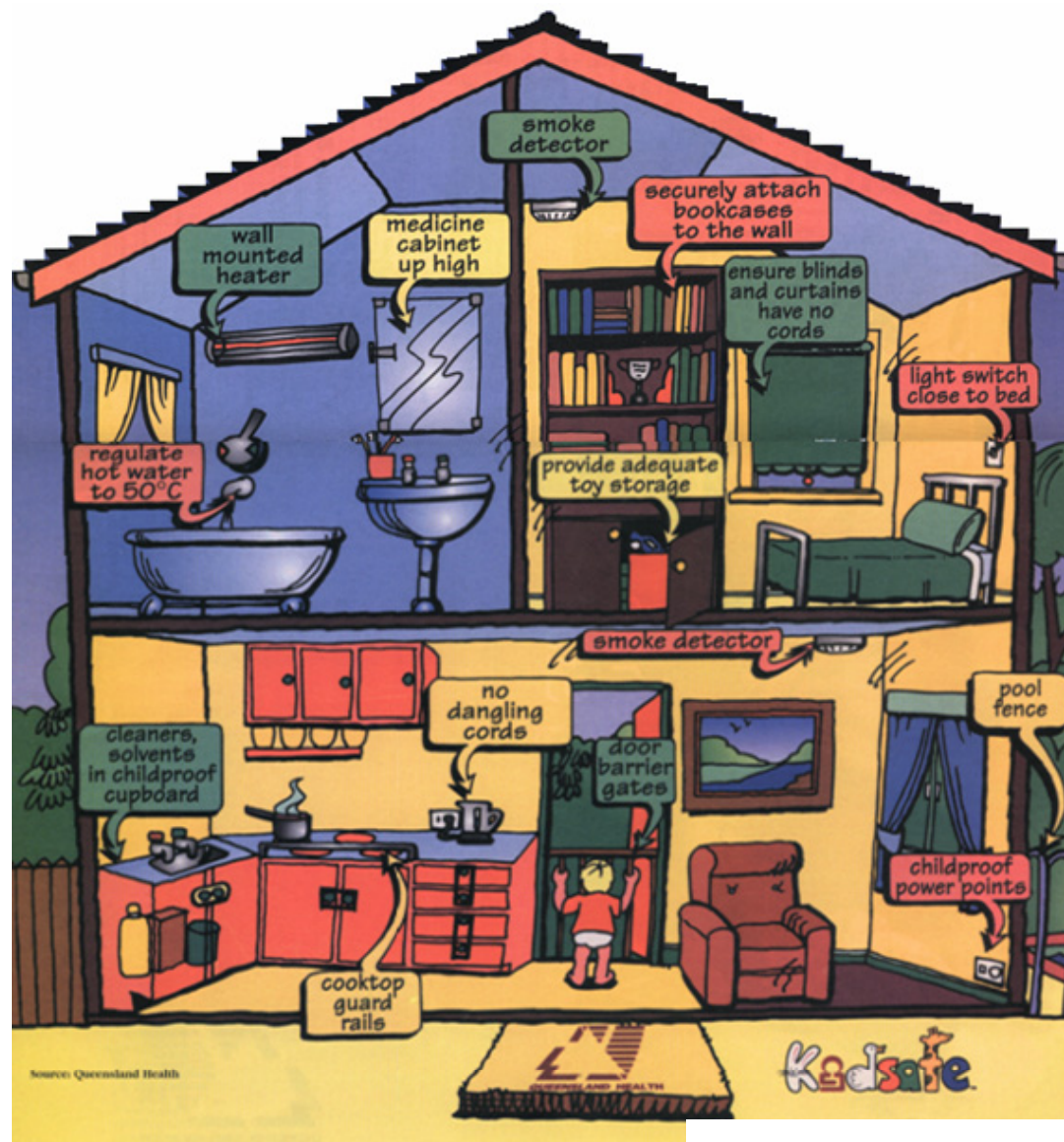
Home Injury

The main injuries that occur in the home environment are:

- Falls
- Poisoning
- Burns & Scalds
- Drowning
- Dog Attacks
- Driveway Run Overs
- Choking/Suffocation/Strangulation
- Crush Injuries from Furniture

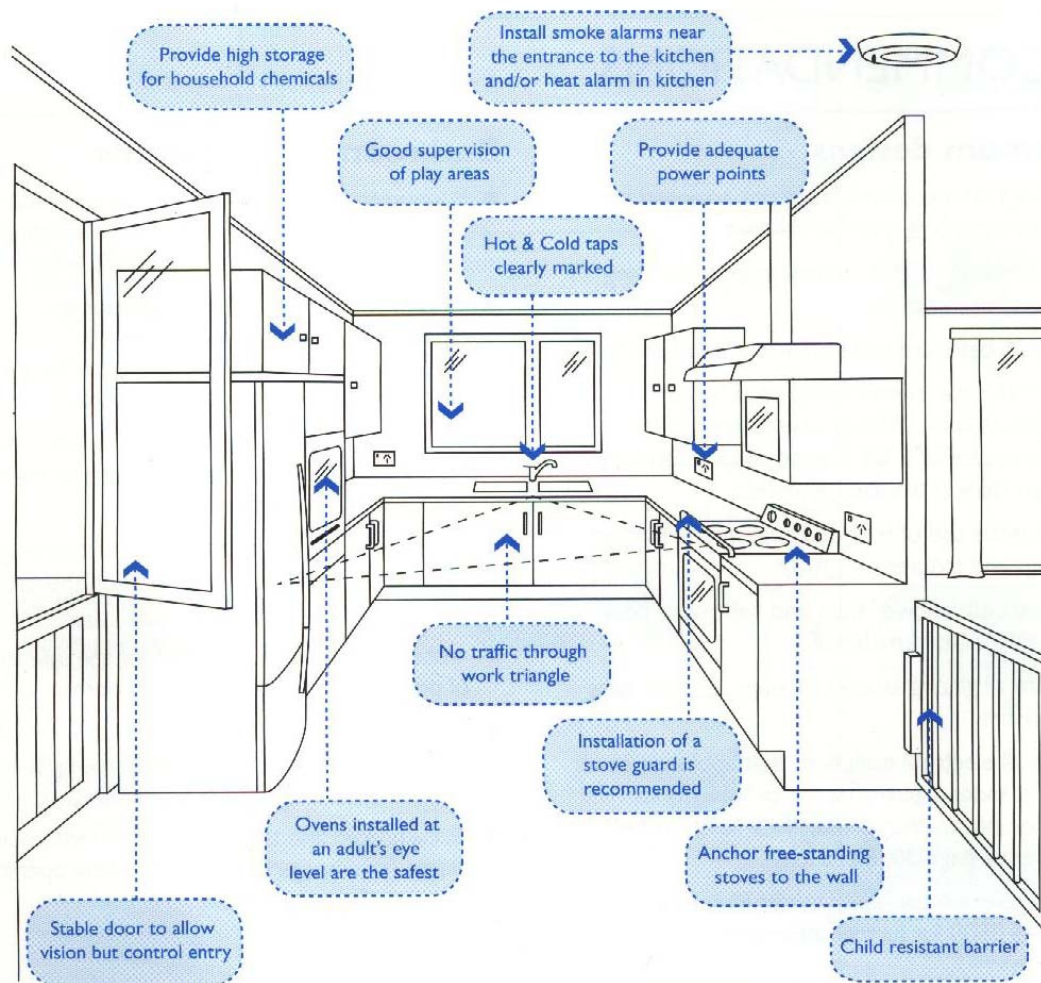


How to prevent home injuries from happening?



Kitchen

Restrict Access or
Protect Against
Hazards



Do not hold children while enjoying hot drinks

Dining Room



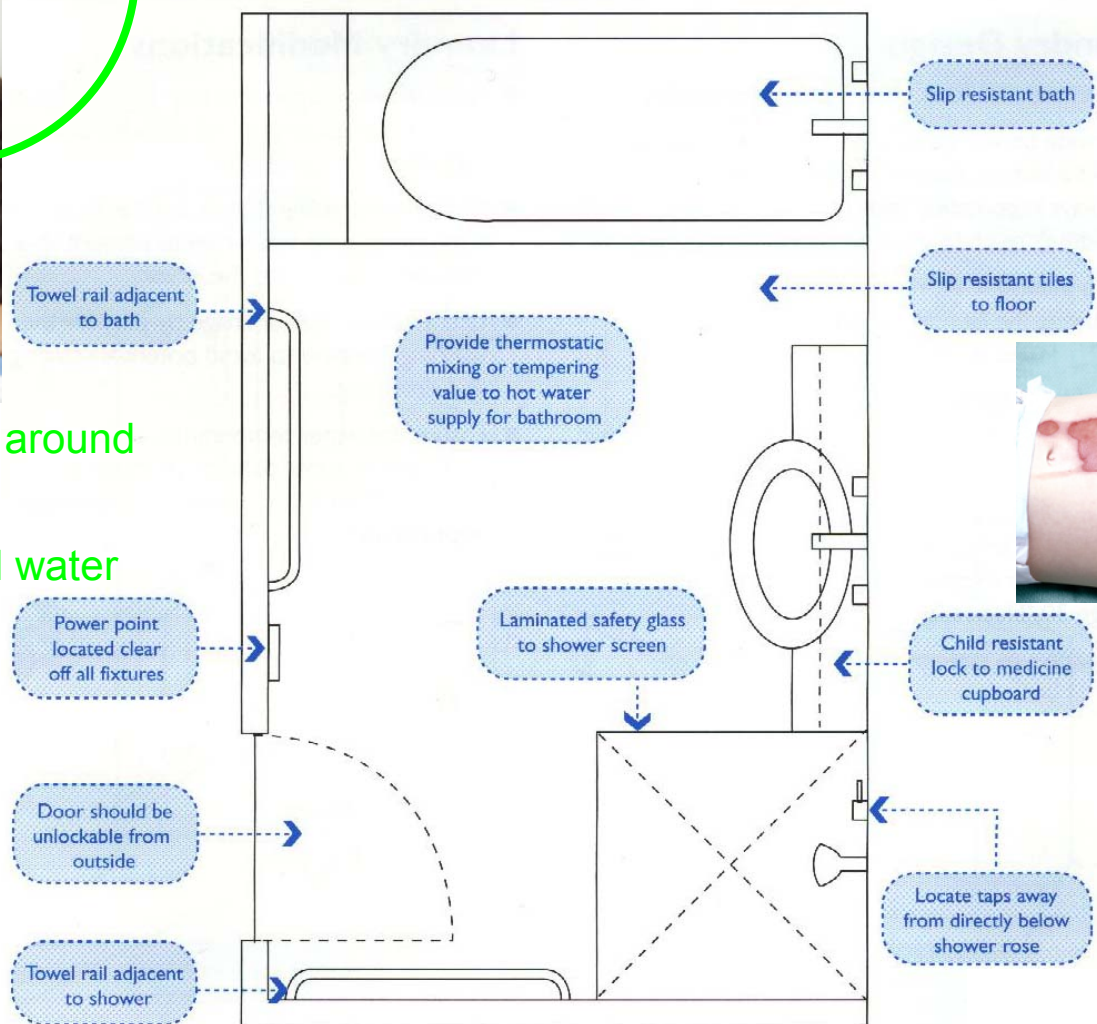
Use Placemats instead of Tablecloths

Always use the harness in high chairs

Bathroom



- Supervise Children around Water
- Always run the cold water first and last



Consequences

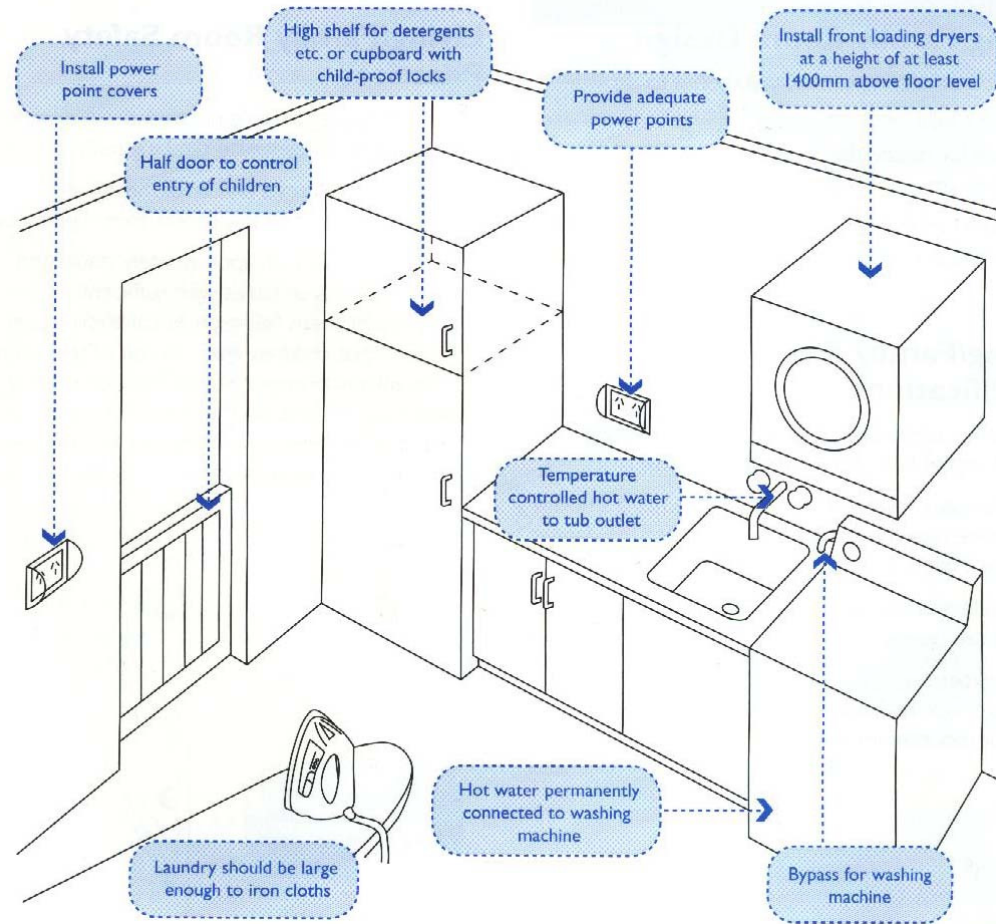
Laundry



- Lock cleaning products away
- Place soaking up high in a bucket with a secure lid



Find somewhere safe to leave the iron to cool down & secure long cords away

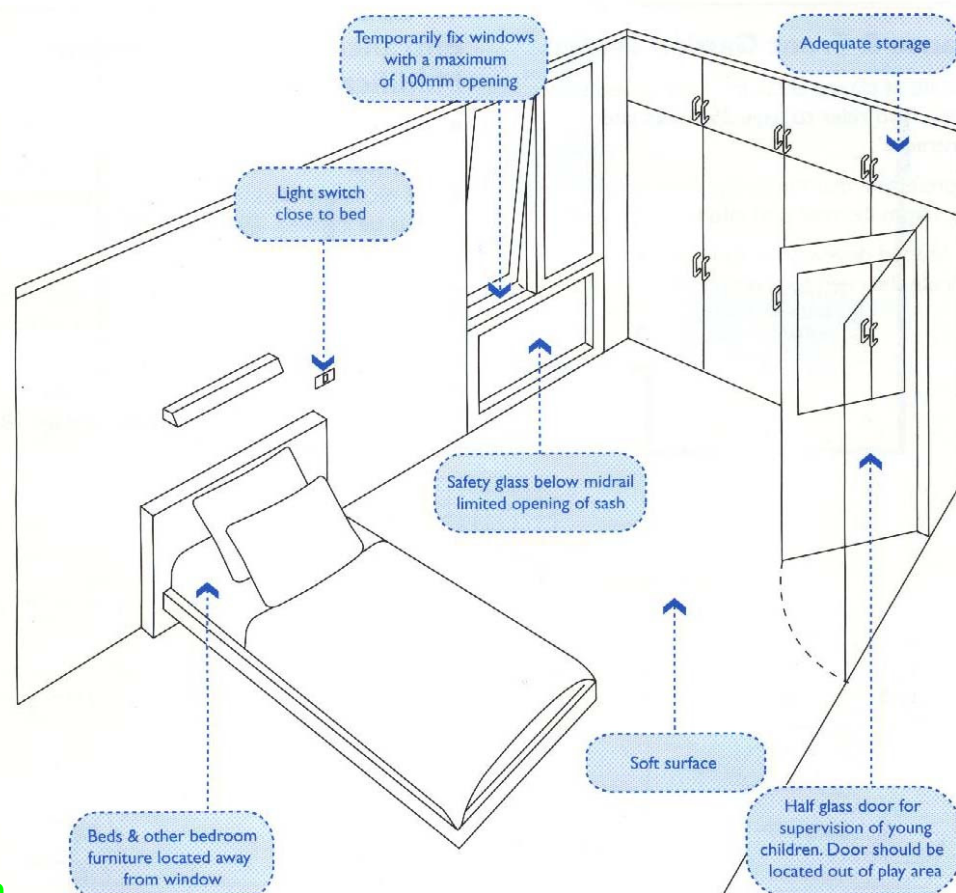


Ensure tall drawers, bookcases and cupboards are anchored to the wall



Keep one hand on baby at all times when on raised surfaces eg. Change table

Bedroom

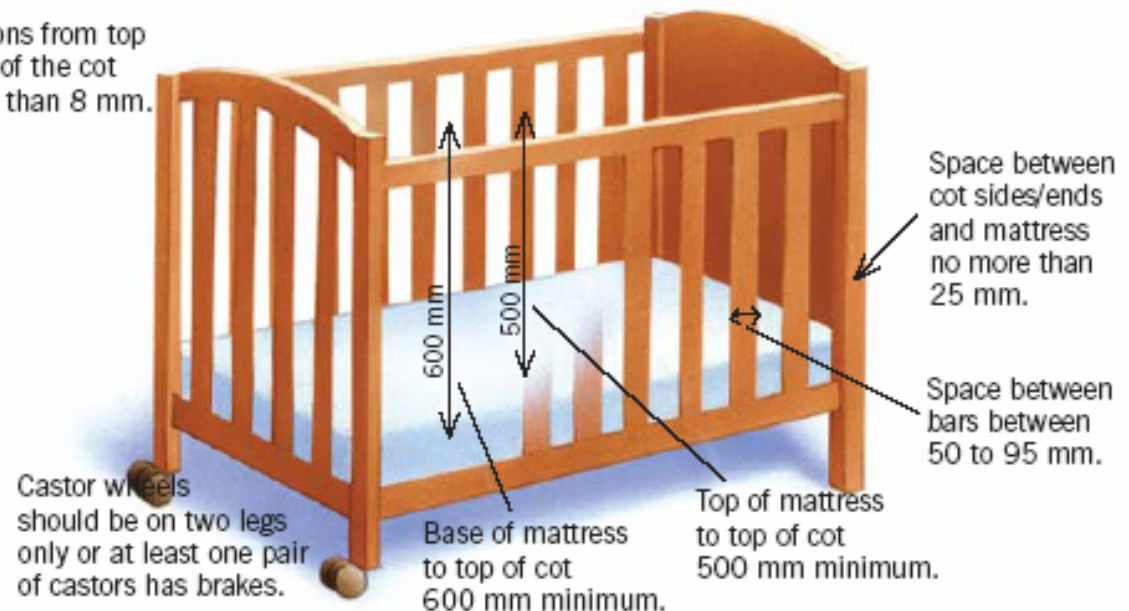


Bedroom cont...



Protrusions from top or sides of the cot no more than 8 mm.

Check that the cot meets the following dimensions



- Ensure all blind cords are secured at least 1.6m above the floor
- Position Cots away from Windows

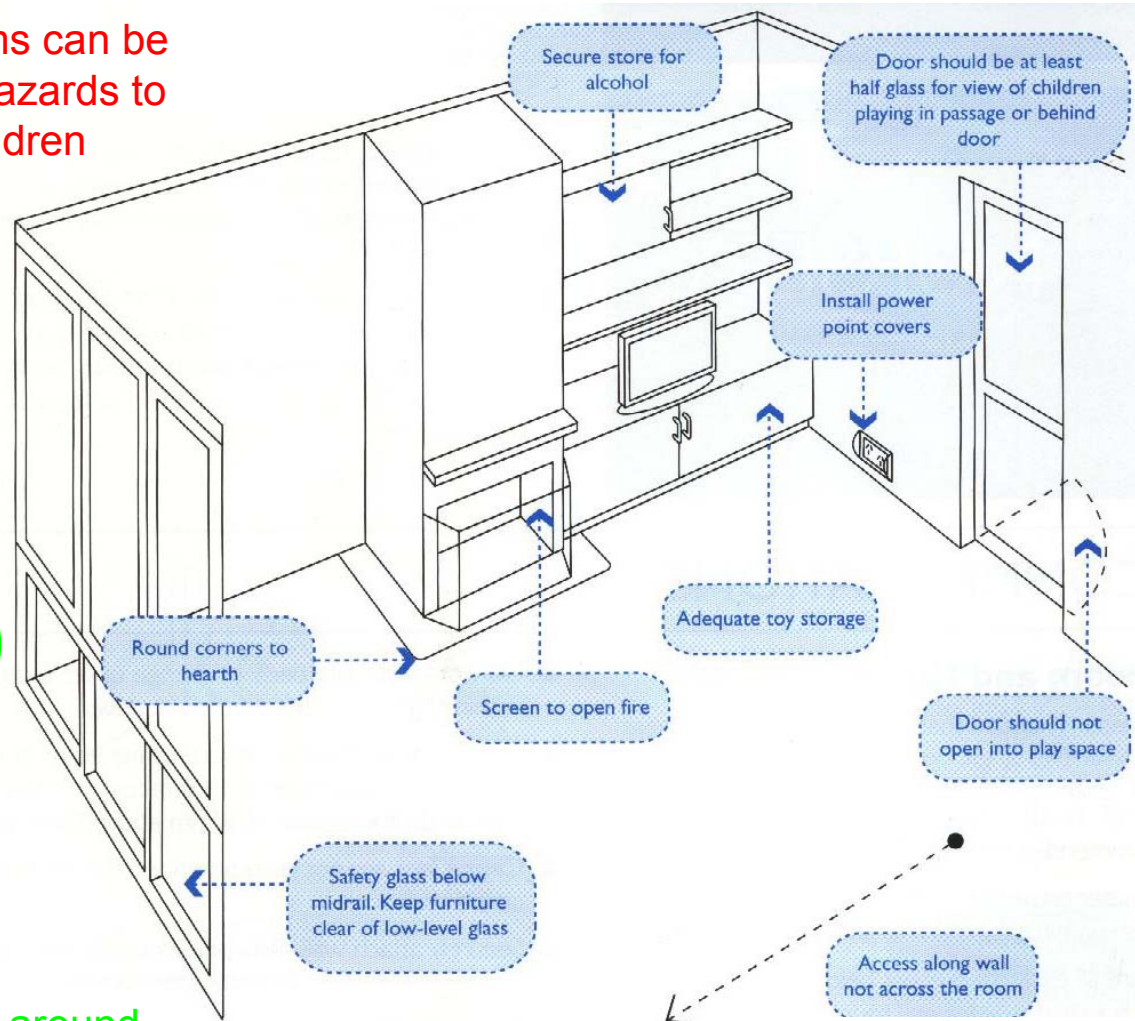
Living / Family Area



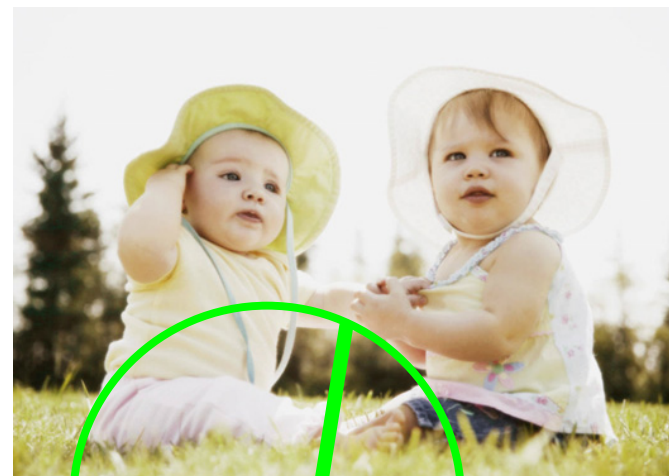
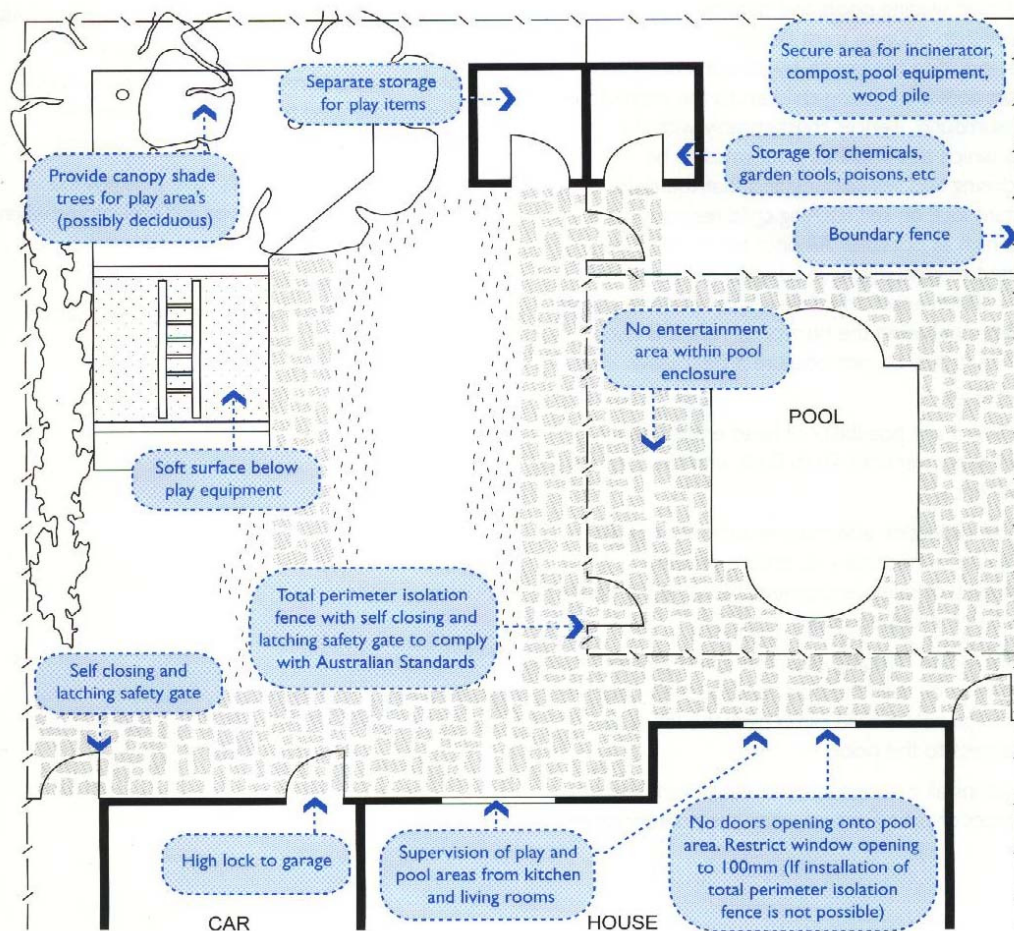
- Small items can be choking hazards to young children



- Secure guards around open fires and heaters



Outdoor - Backyard



- Always wear a hat and sunscreen outdoors
- Supervise children around water
- Install a fence around your pool

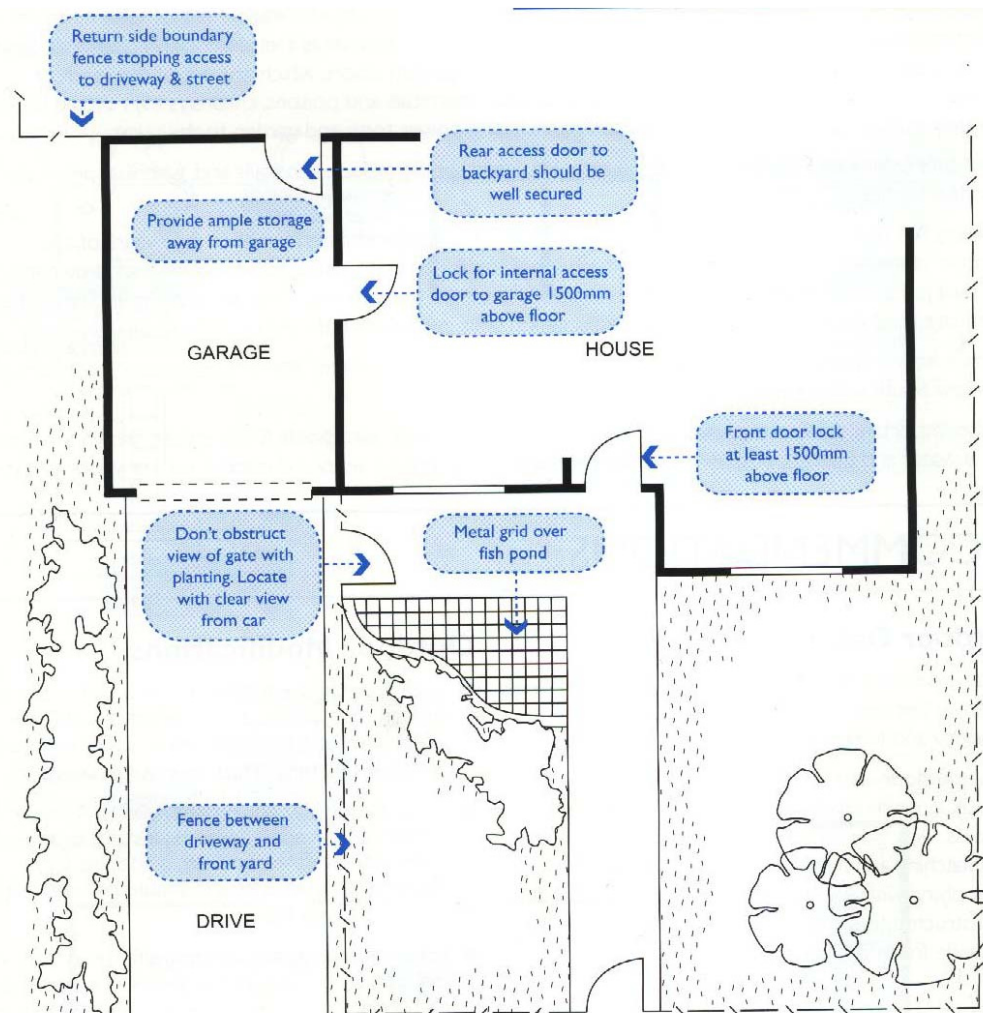




- Know where children are before moving vehicles
- Create safe play areas away from driveways and other hazards



Outdoor - Front yard



Farm



8 Key Features for a Safer Home

- **Pools (and spas)** - that are fully fenced, with well maintained, self-closed gates.
- **Hot water** from bathroom taps a set at a delivery temperature of 50°C.
- **Barriers** such as gates on stairs and fireguards in place to keep children away from hazards.
- Install **electrical safety switches** and **safety plugs** to reduce the risk of electrocution .



8 Key Features for a Safer Home...



- **Child resistant** catches fitted to cupboards where dangers like medicines, cleaners, matches and lighters are stored.



- Install **smoke alarms** test them regularly and change the battery once a year.
- **Play areas** fenced off from the street and the driveway.



- Ensure all top heavy furniture such as bookcases are **secured to the wall**.

What you can do...

- Learn first aid so that you know what to do if anything does happen.
- Organise a home safety party with your friends, local day care or playgroup.
- Ask your local health professional for a home safety checklist and resources.
- Have a friend conduct a home safety inspection of your home.
- Ask your local plumber & electrician about safety appliances for your home.



Remember !

child safety is no accident

Majority of injuries are
preventable by simple means

The key tool is ...Supervision



Who can I contact for further information?

- Kidsafe Tasmania
- Leading Non-government, Not-for-profit, Charitable Organisation
- Prevention of Unintentional Injuries to children less than 15 years of age

- Four Core Service Areas:
 - Home Safety
 - Road & Car Safety
 - Playground Advisory Service
 - School Safety
- Child Car Restraint Information and Advice Service
- Facts sheets, Resources, Publications
- Workshops, seminars and tours
- Specific issue campaigns
- Research & injury surveillance



Any
questions?